

## LESSON PLAN

# SEVERE ALLERGIC REACTION

Please ensure you have adequate first aid knowledge before teaching this lesson.

Please contact us if you need any help or guidance with this.

### 1. DETAILS OF TEACHER

Name:	Date:	Time:	Class:
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### 2. DETAILS OF LEARNING OBJECTIVES

**By the end of the lesson, students will be able to:**

- > recognise when someone has a severe allergic reaction
- > respond appropriately to someone who has a severe allergic reaction.

### 3. DETAILS OF ACTIVITIES, TIMINGS AND RESOURCES REQUIRED

**Note:** We appreciate that you may not be able to spend a full hour on this topic. Feel free to choose activities to fit the time you have available. For example, you could do one task from each starter, development and plenary category.

Activity	Suggested timing	Resources required
<b>Starter activities</b>		
As a group, make a list of things that people can be allergic to.	10 mins	Whiteboard
Discuss what a severe allergic reaction is (anaphylactic shock) and what makes a reaction 'severe'?	5 mins	
<b>Development activities</b>		
Identify the recognition features of an allergic reaction using general knowledge.	10 mins	PowerPoint presentation
In pairs, ask the students to design a flowchart for the treatment of an allergic reaction. Feed back and check understanding.	15 mins	PowerPoint presentation Paper and pens
Discuss the use of medic alerts.	5 mins	
<b>Plenary activities</b>		
As a class, complete a true or false quiz.	10 mins	True or false quiz
<b>Plenary activities</b>		
The students can draw a story board depicting an incident of severe allergic reaction and the treatments offered to the casualty.		

### 4. DETAILS OF ASSESSMENT FOR LEARNING

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Shared LOs       | <input type="checkbox"/> Question/answer       | <input type="checkbox"/> Extended question/answer |
| <input type="checkbox"/> Peer assessment  | <input type="checkbox"/> Self assessment       | <input type="checkbox"/> Oral feedback            |
| <input type="checkbox"/> Written feedback | <input type="checkbox"/> Reflection/evaluation | <input type="checkbox"/> Group work               |

## 5. TEACHER NOTES

Use this space for differentiation notes, the role of any classroom support, evaluation notes, etc.

## 6. DETAILS OF SUBJECT-SPECIFIC VOCABULARY

Anaphylactic shock, auto-injector, blotchy skin eruption, MedicAlert® tag, medication, puffiness, SOS Talisman®, severe allergic reaction, swelling, trigger, wheeze.

## 7. CURRICULUM LINKS